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- (71) Applicant (for all designated States except US): SUOMEN RAVITSEMUSINSTITUUTTI OY [FI/FI]; Parkkikuja 7, FIN-00850 Helsinki (FI).
- (72) Inventor; and
- (75) Inventor/Applicant (for US only): LÄHTEENMÄKI, Pertti [FI/FI]; Parkkikuja 7, FIN-00850 Helsinki (FI).
- (74) Agent: OULUN PATENTTITOIMISTO BERGGREN OY AB; Lentokatu 2, FIN-90460 Oulunsalo (FI).

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(54) Title: A DRINK COMPOSITION AND A METHOD FOR COMPOSING A DRINK

(57) Abstract: The present invention relates to a drink composition comprising active agents, and to a method for composing a drink. Specifically, the invention is directed to a drink composition to be used during long-lasting sports activities demanding constant energy supply and intensive concentration. The drink composition of the invention in characterized in that it contains glucose, fructose, guarana, and a physiologically active amount of a pycnogenol extract. The method of the invention in characterized in that the active agents are individually selected on the basis of the characteristics of the target group, single user and/or conditions of use, said active agents having at least partly complementing actions.

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